

About this questionnaire

This questionnaire is designed with the intent to gain insight into strong and vulnerable characteristics of you as a person. Therefore, we would like to present you some questions and statements and ask you to state as truthfully as possible how these statements apply to you. You might see a number at the top right of this questionnaire. This number is ONLY used in order to see if we have received your questionnaire in good order and to manage your information appropriately.

Instructions

This questionnaire will be processed by a computer. Therefore, it is important to:

- mark the option of your choice clearly by blacking out the corresponding circle,
- do not mark more than one option per question,
- write clearly within the boxes.

Please see the following example:

Please mark each statement with 0, 1, 2, or 3 depending on how well it applies to you.

0 = Not applicable to me at all; 1 = Partly applicable to me.

2 = Clearly applicable to me; 3 = Almost completely or completely applicable to me.

I enjoy my job. 0 1 2 3

If you have checked the wrong answer, you can correct this by completely blacking out the correct answer and by crossing out the wrong answer as in the example below:

I enjoy my job. 0 1 2 3

Start questionnaire

1. Date of completion:

□□-□□-□□□□
dd - mm - yyyy

2. Date of birth:

□□-□□-□□□□
dd - mm - yyyy

3. Sex:

- Male
 Female

4a. What is/was your profession?

Please also fill in if you currently have no paid work or do volunteer work, or domestic work. Please be as clear as possible; for example: automotive engineer, primary school teacher, housewife / -man, volunteer for animal ambulance.

4b. Have you practiced this profession for at least 1 year?

- Yes No

5. What is your living situation?

- Living at home with parent(s)/carer(s)
 Living together with partner
 Living together with partner and children
 Single parent
 Single without children
 Living in an institution (e.g. mental health facility)
 Assisted living
 Without permanent residence or residence
 Else, namely:

6. is the highest level of school you have completed?

- Elementary school
 High school graduate
 Trade/technical/vocational training
 Bachelor's degree
 Master's degree
 Doctorate degree
 Else, namely:

Developmental Profile Inventory (DPI) -Authors:

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It is important that you fill in all questions.

Below is a list of features that can describe someone as a person. Mark each statement by either 0, 1, 2, or 3 depending on how well it describes you as a person. Please mark all statements even though some may not fully apply to you.

	0 = Not applicable to me at all				1 = Partly applicable to me			
	2 = Clearly applicable to me				3 = Almost completely or completely applicable to me			
	0	1	2	3	0	1	2	3
1. I look for solutions by working together with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I can feel terribly guilty, even about trivial matters.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. My interests are constantly changing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I feel free to give my own opinion, even when others don't agree with my point of view.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. When I'm under pressure, my head becomes a mess.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. The purpose of my life is to accomplish something great or special.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I try to contribute to charity or a common ideal.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. In order to make choices in daily life, I need the support of others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. I don't allow myself any pleasure because I don't deserve it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I find it easy to empathise with the feelings of others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. Sometimes I seem to hear voices in my head.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. I don't care whether my behaviour makes things difficult for someone else.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. I have clear goals in mind, and I work them out systematically.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. I put criticism to one side.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. One moment I can really love someone, the next moment I hate that person. These feelings can suddenly switch.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. I often daydream that I'm very successful, good looking or beloved.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. I assist others if they need help.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. I generally let others take decisions for me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. Both my partner and I are happy with our intimate sexual relationship. (If you have no partner now, this question also applies to a recent committed relationship.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. I find it difficult to be alone, even just for a few days.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. I need excitement or distraction otherwise I feel bored or empty.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. I can only relax if I have everything under control.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. I am able to maintain friendships in which we have personal conversations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. If I need something, I don't mind using someone to achieve it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. Usually I am not able to resist my needs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. I can admit my mistakes without feeling bad about myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. Typical for me is that my feelings for other people can change very fast and dramatically.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. In contact with others, I can be myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. I've done bad things, it just happens, you can't do anything about it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. If there are any problems, I try not to think about them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	0 = Not applicable to me at all				1 = Partly applicable to me			

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	0	1	2	3
31. I can understand that people from different cultures have diverse opinions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. I usually pretend to be more capable than I am.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. If I want something, then it has to happen.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. I completed my education satisfactorily.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. When things go wrong in my life, it is mostly other people's fault.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. If you don't watch out for a moment, you get nailed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. When I'm angry, I can't control myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. Either you're in charge or you will get bossed around.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. I am open to thoughts or feelings that spontaneously occur in me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. Even though it was painful, I've been able to deal with sadness or loss.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
41. In order to feel good all the attention must be focused on me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. If someone tells me what to do, I just tend not to do it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. I'm able to take changing circumstances into account in good time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. As soon as I notice any form of injustice, I revolt.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45. I always have a great need for the warmth or involvement from others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. I enjoy successes that are achieved by collaboration.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. I enjoy flirting; it makes me feel attractive as a man or woman.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
48. My ideas about what I want often change.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
49. When things turn out wrong, I quickly get discouraged.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
50. Afterwards I often don't know why I did something.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
51. Advice that other people give, I've usually already considered myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
52. You often have to use people to get ahead in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
53. I'm very jealous when it comes to my boyfriend/girlfriend.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
54. I feel gratified when I'm able to act on the basis of my personal convictions about life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
55. My study/work fits me well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
56. Rules are rules, I won't deviate from them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
57. If I lose contact with someone who's important to me, I get completely confused.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
58. Sometimes I am able to laugh at myself afterwards.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
59. I don't need to have a special bond with anyone, like a friend or partner.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
60. I often compare myself with others and feel that they are much more successful than me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
61. Behaving sincerely is not always easy, but it's very important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
62. I feel uncertain about my decisions, unless they are verified by others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
63. I often don't feel very much in situations in which others would have had strong emotions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
64. If I can't find a solution myself, I consult others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
65. I often do things impulsively.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

0 = Not applicable to me at all

1 = Partly applicable to me

2 = Clearly applicable to me	3 = Almost completely or completely applicable to me			
	0	1	2	3
66. While working with others, of course things are always done my way.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
67. I've done my work well for several years. (Also applies to household and voluntary work).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
68. If rules stand in my way, I don't follow them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
69. The fact that I feel so bad is merely due to the circumstances.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
70. If I'm not the best, I feel like a failure.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
71. I feel it's important to do something for others or for general interest.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
72. I'm constantly concerned with what others expect of me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
73. I find it difficult to tell who I am or what suits me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
74. I tend to avoid problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
75. I can really enjoy doing something together with other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
76. I share matters that emotionally affect me with my partner or a good friend.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
77. I find it difficult to make decisions because I'm always afraid that I have missed something.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
78. You can't really trust anyone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
79. I only get involved with people if it has any benefit for me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
80. I often have the feeling that everything is unreal.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
81. When I do something, it has to be big, innovative or extraordinary, otherwise it's not worth it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
82. Despite my limitations, I can respect myself the way I am.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
83. I realize that one day the time will come when it is better that someone else does my job.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
84. I am well capable of working together with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
85. I fall in love easily, but once the relationship is established, the spark fades.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
86. I find it hard to experience myself as a valuable person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
87. I have no core, I don't find anything to hold on to within myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
88. I understand that behaviour that we consider normal may be seen as inappropriate in another culture.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
89. I just wait and hope that problems will fade.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
90. Personal contact makes me anxious; I no longer know what's mine or what belongs to someone else.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
91. I feel a responsibility for society as a whole, even though I can't help solve all the problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
92. In relationships, I often take on a submissive position.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
93. Problems often arise in my relationships with others because I'm so capricious and keep changing my plans.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
94. If I have to perform in public, I'm afraid that suddenly I no longer know what to do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
95. I realize that my life will end, but that doesn't make it any less valuable.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
96. I'm interested in my own matters, other things don't matter.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
97. For me, things are either all good or all bad.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
0 = Not applicable to me at all	1 = Partly applicable to me			

	0	1	2	3
98. People who don't agree with me just don't understand it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
99. Whenever necessary I will find a proper way to stand up for myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
100. When working together, I try to take other people's wishes and desires into account.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
101. It's never good enough for me. I always want to do even better.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
102. I only feel worthy when doing my work/tasks well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
103. If you have to be unfair to get what you want, so be it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
104. In relationships, I let others boss over me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
105. In everything I do I also take into account other people's interests.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
106. I feel it's valuable to share experiences and feelings with friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
107. I always worry whether I suffice to make other people feel comfortable.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
108. The way in which I live (single or cohabiting) suits me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
